

WELLSPRING

College of Health and Social Sciences Newsletter

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Nursing Honor Society Research Day



EU Students presented posters at the Sigma Theta Tau International Nursing Honor Society, Delta Tau, chapter at large Research Day at Immaculata University on March 23rd, 2019. Pictured above, l to r: Katy Shorb, Deb Anachuna, Professor Geri Remy, Professor Nancy Blackburn, and poster presenters: Kelly Gonzalez and Niamh Sweeney

MFT PhD Dissertation Defense

Six Marriage and Family Therapy PhD candidates are defending their dissertations this Spring in hopeful anticipation of graduation in May. They are:

Wesley Howard Bunting, Dissertation: *The Celebrity Pastor Effect: How the Celebrity Pastor Phenomenon Has Impacted American Male Protestant Senior Pastors Psychologically During the 21st Century.*

Laura Michelle Dupiton, Dissertation: *Wearing a Mask to Supervision: A Phenomenological Exploration of Black Female Therapists and Covering in Cross-Racial Supervision.*

Annisie Patricia Herbin Dissertation: *The Subsistence of Spiritual Bypass Among African American Pentecostal Women Through Their Understanding and Expressions of Their Faith.*

Akua K. Opoku-Boateng Dissertation: *Exploring the Perceptions of Counselors and Psychotherapists Regarding the Influence of Spiritual Bypass within Clinical Practice.*

Debra Lindsay Rezendes, Dissertation: *Nurturing the Self: The Role of Self-Compassion on the Relationship Between Parenting Stress and Quality of Life.*

Christine Shayesteh-Coleman Dissertation: *The Psychological Impact of Activism on Intersectional Feminists.*

Invitation for Doctoral Symposium

The Department of Marriage and Family Therapy invites you to attend the DA doctoral project presentations of the following candidates in the Eagle Great Room on Friday, April 26, 2019

- 9:00 a.m. **Cecelia Saunders Baldwin** — *The Clinical Use of Eye Movement Desensitization and Reprocessing for the Treatment of Psychological Trauma*
- 10:00 a.m. **Leslie Camille Braxton** — *The African American Woman and the Need for Self-Care*
- 11:00 a.m. **Bryant Woodford** — *Narrative Therapy and its Use with Marginalized Persons*
- 2:00 p.m. **Michelle Antoinette Jones** — *Pastors, Where are You?: Breaking Women's Silence of Family Violence in the Black Church*
- 3:00 p.m. **Deborah D. Crawley** — *Emotionally Focused Therapy: A Model for Marital Connection*

Publications and Presentations

Bush, A. (2019, March) . *Mission from the foot of the cross*, chapel address and *Palestinian Christians and the gospel in contexts of violence*. Chamberlain Lecture Series. Presentations at Houghton College, Houghton, NY. Dr. Andrew Bush is Chair of the Department of Global Studies and Service

Johnson, K. (2019, February). *They will not be forgotten: The Legacy Museum and the National Memorial for Peace and Justice*. Online article for Evangelicals for Social Action. Dr. K-lee Johnson is Chair of the Department of Urban Studies.

Palmer, R. (2019, February). *Unpacking your suitcase: The clinician's personal preparation for working with grieving clients*. The Greater Philadelphia Area Counseling Assoc. 2nd Annual Trauma Symposium, Thomas Jefferson University, Phila. PA. Dr. Ruth Palmer is the Chair of the Department of Counseling Psychology

Poppa, K., Sanders, R., Milliron, T., White, A., and Swenson, JE. (2019 March). *Ethical responses to multiple relationships for clinicians of faith*. The Christian Association for Psychological Studies (CAPS) Conference, Irving, TX. Dr. Kristen Poppa is Co-Chair of the Department of Marriage and Family Therapy. She collaborated with Randolph Sanders, PhD, Private Practice, Trevor Milliron, PhD, Lee University, Abbey White, PhD, John Brown University & John Eric Swenson, PhD, Hardin Simmons University

Walters, R. (2019 March). *Being trauma informed*. Multicultural Prospective Students Overnight Event, Eastern University, St. Davids, PA. Dr. Randolph Walters is Associate Professor of Counseling Psychology.

Professional Development

Dr. Cheryl Sparks, Co-Chair of the Department of Marriage and Family Therapy, attended the Psychotherapy Networkers Symposium, held March 21-24, 2019 in Washington, DC. She attended a seminar by EFT Trainer George Fallor on Emotionally Focused Family Therapy, a seminar on Talking about Race by Ken Hardy, and a seminar on Relational EMDR by Deany Laliotis. She hopes to be sharing the material with our students, and the rest of the community if anyone is interested.

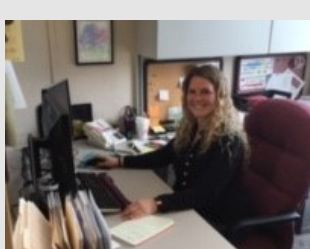
Three Eastern University Marriage and Family Therapy students, Ben Cerniglia, Saikia Moore, and Sherri Webb-Humphries, received training in Emotionally Focused Therapy for couples, March 14-17, 2019 at the Philadelphia Center for Emotionally Focused Therapy (EFT). The latter two students received scholarships which were used for the intensive training and professional development they received in EFT methodology.



Dr. K-lee Johnson and Dr. Drick Boyd with Resonant Leadership attendees.

The Urban Studies program offered a Professional Development Seminar entitled, Resonant Leadership for Turbulent Times: Realizing the Power of Emotional and Social Intelligence. Dr. Drick Boyd was the facilitator. Ten people, including three Eastern University students, completed the training.

Welcome Rebecca



Rebecca Rose joined the Counseling Psychology Department as their new Administrative Assistant. She can be found in ELC323D on Mondays and Wednesdays. If you happen to be on the third floor of ELC, please say a friendly Eastern "hello."

Pamoza International by Sociology Professor Mike Mtika

My grandfather, back in the 1960s, repeatedly said "when you go up a mango tree and find juicy mangoes, never forget those who are on the ground, many of whom may be weak, ill, elderly, or for whatever reason unable to climb the tree ... so throw some of the juicy mangoes down to them; after all, they surely helped you to climb the tree." This lesson led to the starting of Pamoza International, a non-profit Christian organization that puts faith, reason, and justice into practice. My family and I "are up the mango tree" and we started the organization to share "the juicy mangoes" with people in Malawi, our country of origin. Pamoza means together. I am the Founder and pro-bono Director of Field Operations. My role is to facilitate people to work *pamoza* to share the gospel and transform lives of children and their families through meeting their needs.

From its formal inception as a tax-deductible organization in 2011, Pamoza International has grown and now covers five key initiatives:

1) Christian Outreach, 2) Healthcare, 3) Education and Adult Literacy, 4) Agriculture, and 5) Entrepreneurship. The organization started its work in Zowe with a population of a little over 1,000 and is now operating in 20 communities with a population of 32,000. Among its achievements last year, the organization facilitated (a) the sharing of the Gospel to 6,800 community members, (b) 70 savings and loans groups engaging in income generation ventures, (c) the provision of school breakfast to more than 1,500 students each school day, and (d) the training of 1,400 farmers and 300 adult learners. All activities are undertaken *pamoza* with the community members.

To raise resources, the organization reaches out to people in the United States to work *pamoza* with those in Malawi. One way of doing this is through mission trips. The Summer 2018 Mission Trip included Anna Rago, a 17-year-old high school student who has been volunteering with the organization since she was in the 6th grade. After the trip, Anna volunteered to organize Pamoza's first Gala to raise funds for the organization. The Gala was held on March 23, 2019 in Malvern, PA – 160 people attended and more than \$31,000 was raised. To learn more about how you can work *pamoza*, or to donate, please visit www.pamoza.org.



Mike Mtika at March 23rd Pamoza Gala.

A Message from the Dean, Trish Reger

"If you want to go fast, go alone. If you want to go far, go 'pamoza'". As Dr. Mtika shared, "pamoza" means together, and this is the premise around which Pamoza International operates. I had the privilege of attending the Pamoza International Gala event. The Holy Spirit was alive, and seeing the hands and feet of God in this community was simply amazing.

Every day, we see the value of connection in our own families and communities. The same values of commitment to one another, generosity and willingness to engage are desperately needed in our world today. Just as the communities in Zowe, Malawi are seeing change through the power of "Pamoza," our local, national and global neighbors are witnessing the fruits of the collaborative efforts of our faculty, students and alumni. We know all things are possible with God. Let us join together in prayer and pray for more stories of life changing impact, so that all those in need experience the life that God created for them - one of hope, joy and peace.