

WELLSPRING

College of Health and Social Sciences Newsletter

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Nursing Ninth in the State

The EU Nursing Program is happy to announce that the December 2018 Second degree nursing graduates have a 100% pass rate on the NCLEX (National Council Licensure Examination).



*Second Degree Nursing Cohort 13
100% NCLEX pass rate!*

The current and historical pass rates have been analyzed to give Eastern's program a ranking of ninth in the state by Registerednursing.org. Enabling this success are the dedicated faculty instructors, led by Department Chair Dianne DeLong and Program Director Kim Guevin. Congratulations Nursing!

Disaster Relief in CA



Dr. Ruth Palmer, Professor of Counseling Psychology, volunteered for disaster assistance in Paradise, California, a town devastated by wildfires last November. Dr. Palmer deployed with a team of fellow members of the Green Cross Academy of Traumatologists. Originally organized to serve a need in Oklahoma City following the 1995 bombing of the federal building, the Green Cross is an international, non-profit, humanitarian assistance organization, comprised of mental health professionals trained to help people in crisis following traumatic events.

During Dr. Martin Luther King, Jr week, Dr. Palmer served as a Field Traumatologist, offering mental health first aid, grief support, and crisis debriefing to survivors of the worst "Camp Fire" in California history, as well as compassion fatigue support to local service providers.



Dr. Cheryl Sparks presented a workshop on anxiety during Mental Health Awareness Week.

Workshops Enhance Campus Life

CHSS faculty members participated in the Mental Health Awareness Week by presenting the following seminars:

Spirituality & Mental Health. Feb. 5, 2019. Dr. Randolph Walters (Counseling Psychology).

Eating Disorders, Feb. 5, 2019. Dr. Landi Turner (Psychology).

Dating Relationships. Feb. 6, 2019. Prof. Jo Saba (Psychology).

Anxiety. Feb. 8, 2019. Dr. Cheryl Sparks (Marriage and Family Therapy).

Conversation with Becky Melville

On Feb. 12, 2019, the Missions and Anthropology program hosted a remote video conversation with Becky Melville (BA, Missiology and Anthropology, 2011). Becky is a Language & Culture Learning Coach with Wycliffe Bible Translators, serving in Oradea, Romania, who trains new team members to work in sign language Bible translation.

Publications

Wendy Mercier has published two reviews of original studies with contextual commentary in *Cardiosource*, an online journal published by the American College of Cardiology:

* *Blood pressure response during cardiopulmonary exercise testing in heart failure* (Feb. 2019) from Med. Sci. Sports Exerc.

* *Effect of beta-blocker treatment on VO2 peak in patients with heart failure.* (July 2018) from Med. Sci. Sports Exerc.



Faculty of the Month

*Dr. Sheryl Van Horne,
Department Chair of
Criminal Justice*

*In recognition for repeated
responsiveness to student
concerns at great personal
cost.*

*Galatians 6:9 "Let us not
become weary in doing
good, for at the proper time
we will reap a harvest if we
do not give up." (NIV)*

Social Work Secures Reaffirmation of Accreditation

After three cancelled site visits, due to weather and illness, the Social Work Dept. was finally able to engage in the official site review for accreditation in October, 2018. On February 11, 2019 the Council on Social Work Education informed them that the Eastern University Social Work Program was reaffirmed for 8 years, without need for follow up reports.

Congratulations, Sandy Bauer and the Social Work faculty, both on your patience and your programmatic excellence!

Say "Hello!" To Michelle and Colleen

We have two new part-time administrative assistants in CHSS: Michelle Johnson and Colleen Ellis. Give them a friendly EU welcome if you see them in the hallways.



Michelle Johnson (left) supports both Kinesiology and Marriage and Family Therapy in McInnis 122.

Colleen Ellis (right) can be found in McInnis 234 serving the Social Work Dept. on Mondays, Wednesdays and Fridays.



A Message from the Dean, Trish Reger

It is hard to believe that March is already upon us. I realize that as I write this communication, commencement is only 66 days away! As you will read in this newsletter, our faculty, students and staff continue to excel in the classroom and positively influence lives in local, national and global communities. We have much of which to be proud.

With March also comes the arrival of Lent. During Lent, I reflect upon Jesus's 40-day desert experience. The desert was a place of solitude, a place where Christ spent quality time with God. Lent can provide the same sort of quiet time for prayer that Jesus experienced in the desert. The key word is "quiet." How can we find "quiet time" when our lives are full of distractions? We have tests, deadlines, family commitments, and so on. In fact, Lent arrives at the busiest time of the semester! Here is a hint that works for me. Sometimes, the recognition of the smallest of distractions can make us more aware of the weight of His sacrifice. Thus, it is my hope that during this season of Lent, you take time to disconnect from your distractions and connect with our Lord.