**Wendy L. Mercier, Ph.D., MSN, ACNP**

E-mail: wmercier@eastern.edu

Work: Home:

Eastern University 331 King of Prussia Road

Department of Kinesiology Wayne, Pennsylvania 19087

1300 Eagle Road 610-247-9068

Saint Davids, Pennsylvania 19087

610-341-1774

Education

2006-2007 **University of Pennsylvania**, Philadelphia, Pennsylvania

 Masters of Science in Nursing, Acute Care Nurse Practitioner

1987-1999 **Temple University,** Philadelphia, Pennsylvania

 Doctorate of Philosophy in Exercise Physiology

1975-1979 **Penn State University**, University Park, Pennsylvania

Bachelor of Science in Nursing

**Certifications/ Licenses**

June 2008 and **Certified Registered Nurse Practitioner (Acute Care)**

2013 American Nurses Credentialing Center & Commonwealth of Pennsylvania

1986 and **American College of Sports Medicine**

1996 and Health/Fitness Instructor

2004 and

2015 Exercise Physiologist – Certified

1996- **American Heart Association**

2001- Advanced Cardiac Life Support

2006-present

1997-2008 **American Red Cross**

 Community CPR, First Aid and Safety Instructor

1982 **American Association of Critical Care Nurses**

 Critical Care Nurse Specialist (CCRN)

1979-present **Registered Nurse**

 Commonwealth of Pennsylvania, Bureau of Professional & Occupational Affairs

**Awards**

2002 **The Lindback Award for Outstanding Teaching**

Eastern University

**Professional Memberships**

  **American College of Cardiology (**National and Regional)

**American College of Sports Medicine** (National and Regional)

**Sigma Theta Tau International Honor Society of Nursing**

**Society of Critical Care Medicine**

**Administrative Experience**

1999-2009 **Eastern University**, St. Davids, PA

 *Chair, Department of Biokinetics*

 Curriculum review, development, and implementation

 Budget management

 Faculty recruitment, hiring, and development

 Student advising coordination

 Development and oversight of 2 new programs and their national accreditations

 National Athletic Training Association (Athletic Training Education Program)

 American College of Sports Medicine (Exercise Science Program)

2003-2006 **Eastern University**, St. Davids, PA

 *Program Creator, Developer, and Director, Life Fitness Program*

 Course development, implementation, and assessment

 Budget management

 Faculty recruitment, hiring, and development

 Facility Scheduling

1999-2006 **Eastern University**, St. Davids, PA

*Coordinator, Internships*

Internship development, implementation, and evaluation for exercise science students

1999-2001 **Eastern University,** St. Davids, PA

*Director, Graduate Health/ Physical Education Certification program*

 Portfolio advisement, management, and evaluation

 Course development and management

 Practicum coordination

**Academic Teaching Experience**

1997- present **Eastern University**, St. Davids, PA

 *Associate professor in exercise science, biology, and nursing*

*tenured Spring 2006*

*reaffirmation of tenure Spring 2012*

*Nursing*

NUR 310: Pathophysiology and Pharmacology

*Biology*

BIOL 233/234: Human Anatomy and Physiology I & II

BIOL 104: Human Biology

*Exercise Science*

EXSC 411: Cardiovascular Physiology and Pathophysiology

EXSC 365: Exercise for Special Health Populations

EXSC 201: First Aid and CPR

EXSC 130: Human Wellness and Disease

EXSC 200: Health Promotion

EXSC 230: Medical Terminology

EXSC 430: Therapeutic Nutrition

EXSC 400: Senior Research

 **\***ATHR 425: Medical Aspects of Athletic Training – Cardiovascular module

 MATH 430 Senior Research

**Scholarship**

**Mercier, W**., *Cardiology diagnostic testing-nuances: Exercise stress testing & imaging in the diagnosis of coronary heart disease*, Cadriovascular Team Education Conference, American College of Cardiology – PA Chapter, invited lecture, October 24, 2015

**Mercier, W**., & Smith, M. *Investigation of BMI as an accurate measure of adiposity in the elderly*, 2015 [data collection fall2015]

**Mercier, W**., Eckrich, P.M., & Stoppa, T. *Impact of physical activity and health promotive education on perceived stress, attitudes and behaviors of first-semester college students*, 2014-15 [data analysis in progress]

Matteucci, A., Riddle, J., Albohn, D., Stoppa, T & **Mercier, W***.* (2013).Exercise Behavior among College Students and Sex Differences in a Health-Promotive Intervention, *Psi Chi Journal of Psychological Research*, Volume14(4); 163-170.

Boyce, S., Day, A., Hewett, J. (Ed.), **Mercier W**. *Case Studies for Anatomy & Physiology*, ed: J. Hewett, Benjamin-Pearson Publishing, July, 2012. [6 chapters]

Albohn, D., Matteucci, A., Riddle, J.,Stoppa, T. M.,& **Mercier, W**.(March, 2012). *Exercise behavior among college students and gender differences in a health promotive intervention*. Poster presentation at the annual meeting of the Eastern Psychological Association, Pittsburgh, PA.

Matteucci, A., Riddle, J., Albohn, D., Stoppa, T & **Mercier, W***.* (April, 2011). *Effects of a College Health-Promotive Intervention on Exercise-Related Activities*: Poster Presentation at thePsi Chi Annual Psychology Conference, Philadelphia, PA

**Mercier, W**. and Stoppa, T. *Impact of physical activity and nutrition education on attitudes and behaviors of college students*, 2004-present [data collection in progress]

 **Mercier W**. *Cardiovascular Nursing: Companion to Braunwald’s Heart Disease*, Chapter 6, Cardiovascular Adaptations to Exercise, ed: D. Moser, The Saunders Publishing Co, 2007.

 **Mercier W**. *Tissue Plasminogen Activator in Acute Ischemic Stroke: Comparison of Six Original Studies*: Poster Presentation at the Southeastern Pennsylvania-American Association of Critical Nurses, Annual Research Meeting, Philadelphia, PA, May, 2006.

**Mercier W**., Shaw C., & Paolone A.. *Menstrual Cycle Effects on Plasma Volume and Protein Movement During Exercise in the Heat*, Annual National Meeting of the American College of Sports Medicine, Indianapolis, IN, June 2, 2004

**Mercier W**. *Health and Wellness Associate’s Degree Program*, Degree design and course creation and development, Thomas Edison College of New Jersey, Distant Learning Program, Fall 2002.

**Academic Committee Service**

2015-present Faculty Senate, Moderator

2015 Kinesiology Visiting AT Assistant Professor Search Committee, Chair

2013-2015 Faculty Senate, Elected member

2014-2015 English Writing Search Committee, Member

2014-2015 English Literature Search Committee, Member

2013-2014 Provost Search Committee, Co-chair

2013 Committee for Alternative Work Assignment Review, Ad Hoc Committee of Faculty Senate, Member

2012-2013 Lindback Award Committee, Member

2012-2013 Psychology Search Committee, Member

2012-2013 Nursing Search Committee, Member

2009-2012 Middle States Commission on Higher Education Steering Committee, Member

2009-2012 MSCHE Working Group for Governance, Leadership, & Administration, Chair

2010-2012 Sub-committee to Eastern University Board of Trustees Strategic Planning

Committee, Member

2011-2012 Nursing Search Committee, Member

2011-2012 Biology Search Committee, Member

2011-2012 English Search Committee, Member

2008-2011 Faculty Senate, Elected Member

2009-2010 Political Science Search Committee, Member

2009-2010 Psychology Search Committee, Member

2008-2009 Task Force for Faculty Workloads for the Natural Science Division, Chair

2008-2009 Search Committee for the Dean of the College of Arts & Sciences, Secretary

2008-2009 ACSM-CAAHEP Accreditation Steering Committee for Exercise Science Program, Member

2008-2009 Marketing Colloquium, Ad Hoc Committee of the Provost, Member

2008-2009 Traditional BSN Steering Committee, Member

2007-2008 Philosophy Search Committee, Secretary

2007-2008 Committee for Staff Retention, Ad Hoc Committee of the Provost, Member

2006- President’s Appointed Committee for Science Building Project

2005- Biokinetics Search Committee, Chair

2002-2006 NATA Accreditation Committee for EU Athletic Training Education Program, Member

2004-2005 Biokinetics Chair Search Committee, Chair

2001-2005 Faculty Senate, Elected member

2004 Faculty Grievance Committee, Member

2001-2006 Admissions Committee, Sub-committee of the Curriculum Committee, Member

2004-2005 Biology Search Committee, Member

2003-2004 Sociology Search Committee, Member

2003-2004 Communication Search Committee, Member

2002-2003 Biokinetic Search Committee, Chair

2002-2003 Communication Search Committee, Member

2002-2003 Education Search Committee, Member

2001-2003 Operations Team, Faculty Representative

2001-2002 Decision Making Structure Ad Hoc Committee, Member

2000-2001 Middle States Accreditation Facilities Task Force, Member

1999-2002 Subcommittee for Core Fitness Requirement, Chair

1999-2000 Biokinetic Search Committee, Chair

**Other Academic Community Service**

2015Faculty Panel:  *Human Sexuality and Christian Faith*, Member, Faculty Workshop, Eastern University, May 13

2012Faculty Panel:  *Justice and the Future of Healthcare*, Moderator, Windows to the World, Eastern University, October 12

2009Presentation: Capstone Courses: *Women and Heart Health*, EasternUniversity, February 5

2008Faculty Panel:  *Political Views and the Upcoming Election: Health Care*, Windows to the World, Eastern University, October 31

2004 Instructor’s Manual, *Eastern University Life Fitness Program*, Instructor’s Manual, St. Davids,

PA, July, 2004.

2002 Barry School, Presentation, *Your Hidden Muscles*, Summer Urban Outreach Program at Eastern University

2001 Barry School, Presentation, *Structure and Function of the Human Heart*, Summer

Urban Outreach Program at Eastern University

**Clinical Nursing Experience**

2009-present **Cardiology Consultants of Philadelphia**, Einstein Montgomery Medical Center, E Norriton,PA

 *Nurse Practitioner*

 Interview, examine, and treat patients in physicians’ offices who have complex acute and

chronic cardiovascular illnesses and are recently discharged from the hospital

Conduct exercise and pharmacological stress testing on cardiology patients, interpret

electrocardiogram results, and prepare report summary

2006-2007 **Lankenau Hospital**, Philadelphia, PA

 *Student Nurse Practitioner*

 Assess and manage cardiology patients in emergency department, telemetry units, and

interventional cardiology suite

 Assess and manage internal medicine patients in emergency department and medical

floors

 Conduct preadmission history and physical examinations for preoperative patients

1991-1996 **Lankenau Hospital**, Philadelphia, PA

*Critical Care Nurse*

 Provided critical care nursing services for patient in medical, surgical, cardiothoracic, and step-

down intensive care units.

1981-1990 **Skilled Nursing, Inc.,** Philadelphia, PA

 *Critical Care Nurse Consultant*

 Provided adult critical care nursing services for patients in intensive care units

(cardiac, cardiothoracic, respiratory, neurologic, medical, emergency department, and step-down) for over 20 Philadelphia area hospitals in 3-6 month blocks.

Provided training and staffing support for native staff nurses in newly opened

Intensive care units.

Provided emergency staffing on an on-call basis

1984-1985 **Pro Temps**, Philadelphia, PA

*Critical Care Nurse*

 Provided critical care nursing services for patients in CCU and

cardiothoracic unit at Presbyterian-University of Pennsylvania Medical Center

1979-1981 **Presbyterian-University of Pennsylvania Medical Center**, Philadelphia, PA

 *Charge Nurse / Critical Care Nurse*

 Provided critical care for patients in medical and surgical ICU

*Charge Nurse/ Medical ward floor*

Provided care and management on ward medicine floor

**Exercise Instruction Experience**

1986-1991 **Bally Holiday Matrix Club**, King of Prussia, PA

 *Aerobic Dance Instructor*

1986-1990 **Riverside Tennis Club**, Bala Cynwyd, PA

 *Aerobic Dance Instructor*

1986-1987 **Personal Trainer**, Philadelphia, PA

 to Charles Barkley, Professional Basketball Player, NBA

1987 **Personal Trainer**, Philadelphia, PA

 to Mike Quick, Professional Football Player, NFL

1988 **Personal Trainer**, Philadelphia, PA

 to Jerome Brown, Professional Football Player, NFL

1987 **Chestnut Hill Club**, Philadelphia, PA

 *Exercise Specialist/ Program Development*

1984-1985 **Living Well,** Bala Cynwyd, PA

 *Aerobic Dance Instructor/ Program Development*

**Consulting Experience**

2009-2012 **Benjamin-Pearson Publishing**, San Francisco, CA

 *Reviewer*

 Providing editorial reviews of case studies in anatomy & physiology

2003-present **AREUFIT Health Services**, Malvern, PA

 *Nurse educator*

Responsible for supervising and teaching staff for health screening and education including AB

Index, basal metabolic rate, cholesterol/ glucose levels, body mass index

2002-2003 **Thomas Edison State Colleges of New Jersey**, Trenton, NJ

*Exercise physiologist/ educator*

 Development of an associate degree in Wellness and Fitness Curriculum

 Curriculum and course development

**Community presentations**

*Prevention of Heart Disease in Women,* Montgomery Hospital Medical Center, Medical & Nursing Staff, Norristown, PA, February 9, 2012

*What’s Your Heart Health IQ?*, Penn State University Alpha Epsilon Delta Honor Society Health Fair, Presentation & Booth Display, April 5, 2010

*Heat-related Illness & Injury*, Conference on Climate Change and the Nation’s Health, AREUFIT Health Services, West Chester, PA, May 2008

*Men and Their Heart Health.* Men’s Christian Breakfast Club, St. Luke’s Evangelical Lutheran Church, Devon, PA. February, 2008

*Obey your thirst! Renal anatomy and physiology,* The Shipley School 11th Grade AP Biology classes, Bryn Mawr, PA, May 2007

*Women ARE different from men: Heart health and gender differences*. Berks County ELCA’s Golden Club, St. Daniel’s Lutheran Church, Robesonia, PA. February, 2007

*Reversing the Obesity Epidemic in Children*, Northern New Jersey Christian Schools, Parent-Teacher Organization, Brookdale, NJ, November, 2002.

*Know Your Heart (Heart Health)*, The Shipley School 9th Grade, Bryn Mawr, PA, December, 2001.

*Heart Health*, Delaware Valley Friends School, High School Assembly, Paoli, PA, December, 2000.

**Community Service**

2015-present **Adult Christian Education,** *Coordinator*

 St. Luke’s Evangelical Lutheran Church

2009-present **Mutual Ministry Committee,** *Secretary*

 St. Luke’s Evangelical Lutheran Church

2008-2013 **Cardiovascular Institute Education Board**, *Planning Committee Member*

CVI Non-profit Community Education

2004-2012 **Adult Chrisitan Education**, *Bible Study Leader*

St. Luke's Evangelical Lutheran Church

2004-2005 **Strategic Planning Board**, *Chair, Academic Programming*

Delaware Valley Friends School

1996- 2006 **Confirmation Program,** *Teacher*

 St. Luke's Evangelical Lutheran Church

1986-2004 **Vacation Bible School**,*Teacher*

 St. Luke's Evangelical Lutheran Church

2000- 2007 **Staff Support Committee**, *Secretary*

 St. Luke's Evangelical Lutheran Church

1996-2006 **Christian Youth Program**, *Leader*

 St. Luke's Evangelical Lutheran Church

1993-2002 **Upper Merion Park & Recreation Program**, *Coach*

Boys & Girls Recreational Basketball

**Personal Information**

 Married 33 years to Rick Mercier, cardiologist; three adult children

 Resident of the Philadelphia area for over 40 years

**Reference on Request**